

TRURO RFC YOUTH SECTION 2009/10

New Members Welcome Letter

Welcome to Truro Rugby Football Club Mini/Junior section. We hope you son or daughter will enjoy playing rugby at Truro RFC. This letter should provide you all the information you need to know about how the club is run on a Sunday morning. If you have any questions please speak to your age group's manager or contact me on 01872 241672.

Dave Hodge
Chairman TRFC MJ Section

Training

Training takes place on Sunday mornings either at TRFC or Penair School.

Mini/midis (U 7's – U 12's) 9.30 am – 10.30 am (check with the team manager)

Juniors (U13's – U 16's) 10.30 am – 12.00 pm (check with the team manager)

Matches

- **Home** - A fixture list is available from your team manager or can be downloaded from the Youth Section website www.trurorfcMJ.co.uk . Matches will normally 'kick off' at 11.00 am. For home matches players usually get to the club by at least 10.30am, but your coach will advise prior to the date.
- **Away** – your coach or manager will issue you with a map or advise directions to the away team's ground and will give you a time to assemble there. Sometimes, if parents are unsure as to the exact location, it is wise to meet at the club and travel to the ground in together.
- **Cancellation procedure** - The fixtures secretary will confirm, midweek, that the scheduled match is to be played. If for any reason this is not the case, managers/coaches will be notified.
- **Bad weather** – Rugby is a winter sport and it is not usual to cancel matches or training because of adverse weather conditions, unless extreme. Water logged or frozen pitches, however can present a safety hazard. Your coach will be notified in this event and unfortunately this sometimes happens at very short notice.
- **Travel To Away Fixtures** - most matches are within easy driving distance, as our group has strengthened it has become necessary to organise matches 'across the bridge'. It is the responsibility of parents to organise transport for their children both to and from the match.

Player Registration

All players must be registered with the RFU, who will then issue an ID card. No player will be allowed to take part in any club activities without these cards so please return your registration form, with one passport size photo, promptly.

Registration is only required once unless you move clubs or change address.

Insurance

As members of the RFU all players are covered by the RFU insurance policy, it is therefore essential for players to register as soon as possible at the start of the season. For full details of insurance cover please contact the main club chairman.

Child Protection

The club follows the RFU child welfare guidelines and all volunteers who help with training and or matches will need to successfully complete a 'Criminal Records Bureau' disclosure form (obtainable from Jo Durant).

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MJ Section Player Membership

All players taking part in Club activities must be fully paid up members. Annual membership for juniors is currently £46.00/child – see attached membership form. A section has been added this year to the form to ensure that parents provide consent for the child to be photographed.

Family Membership

This category of membership provided the following benefits:

FREE entry to TRFC Senior Team home matches and the option to apply for England Autumn International Tickets at Twickenham .

1 adult + 1 child = £70 2 adults + 1 child = £85 additional children = £45 each

Volunteers

The club relies entirely on volunteers to operate successfully. We are always looking for parents who would like to become more actively involved, whether by helping with coaching, managing or helping with social events. If you would like to help in any way please make yourself known to the mini/junior co-ordinator who will be glad to get you involved at the earliest possible opportunity.

Sponsorship

The club's main source of income is through sponsorship by individuals and companies. Please contact Dave Hodge (01872 241672) or Nigel Whitford (01872 279735) if you would like to find out more.

Playing Kit

Club shirts will be provided for all players on match days. Club socks (royal blue with yellow top) can be purchased from Tony Pryce Sports (Truro Piazza) and Key Wear (Frances Street, Truro). See you Team Manager for up-to-date information on training tops and other items of kit.

Health & Safety

It is everyone's responsibility who is involved with the game to ensure that the children play in a safe environment, that is both on and off the pitch. If you see something that you feel is unsafe then do something about it. Do not depend on someone else doing it!

Before any play or training takes place a pitch inspection should be carried out to ensure that there is no dog, fox mess on the playing surface, you can get the children to help search. If found it should be removed and disposed of safely. The playing surface should also be checked for other dangerous objects such as broken glass. Other clubs use the TRFC facilities and it is possible that they may have left something behind.

When we use the Penair school pitches, it is important to escort youngsters across the road. Rather than having them crossing in 'dribs and drabs' a manageable group should be taken across by an adult. If necessary an adult should remain at the road crossing until all youngsters have crossed (both home and away sides).

No training or play should commence until the post protectors have been affixed to the goal posts. Use the youngsters to transport the pads from the changing rooms. Whoever takes the pads out is responsible for their return unless a group is training after you have finished. In this situation you must speak to the other coach/manager and confirm that they will return them.

Please ensure that you drive slowly in the car park areas and bear in mind that children as young as six and younger are wandering around, sometimes unescorted.

Catering

Sam Bishop is in charge of catering. Contact her (01872 264520) for information about hiring of catering facilities for functions etc.

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Meal Tickets

After home matches it is normal to provide a light lunch for all players from both sides. The coach or manager will issue a meal ticket at the end of the match to players from both teams. Normally these tickets should be retrieved from the kitchen at the end of lunch.

Social Club Membership

Please support the social aspect of the club by becoming members. We have excellent facilities (that are available for private functions) in which the club put on regular events. Check notice board for latest offerings. Please do not feel that the clubhouse is exclusively for the main club's use. All are welcome.

Festivals

Festivals are held annually for the Under 9's, Under 10's, Under 11's and Under 12's. The events are hosted by a different club each year for each age group and involve a number of clubs participating in short matches against other teams in pooled groups. This is followed by the winners of each pool competing in a knockout style tournament with the overall winner being awarded the County Champions trophy.

Junior Teams Cup Matches

U13 – U16 teams enter a county knock-out competition which usually takes place after Christmas.

Behaviour

As you are representing Truro Rugby Club, players and supporters will be expected to behave in a suitable manner at all times.

The Good Parents Guide

Truro R.F.C. encourages Parents to:

- (a) Be familiar with the coaching and training programme in order that they can ensure their child is fully involved and the coaches are aware of their availability.
- (b) Be familiar with the teaching and coaching methods used by observing the coaching and training sessions in which their child participates.
- (c) Be aware that the Club has a duty of care to ensure the safety of players and therefore, where appropriate, assist coaches with the supervision of the players, particularly where numbers are large and there is a need to transport players to away games.
- (d) Be involved with Club activities and share their expertise.
- (e) Share concerns, if they have them, with Club or School officials.
- (f) Be familiar with the Good Coaches' Code contained in the Rugby Continuum (see rfu.com website for further information). In particular be aware that:
 - coaches should recognise the importance of fun and enjoyment when coaching players; and
 - coaches should keep winning and losing in perspective, encouraging players to behave with dignity in all circumstances.
- (g) Support coaches in instilling these virtues.
- (h) Remember that young people play rugby for their own enjoyment not that of their parents.
- (i) Encourage young people to play - do not force them.
- (j) Focus on the players' efforts, rather than winning or losing.
- (k) Be realistic about the players' abilities; do not push them towards a level that they are not capable of achieving.
- (l) Provide positive verbal feedback both in training and during the game.
- (m) Remember that persistent, negative messages will adversely affect the players' and referee's performance and attitude.
- (n) Always support the Club in their efforts to eradicate loud, coarse and abusive behaviour from the game.
- (o) Remember young people learn much by example.
- (p) Always show appreciation of good play by all players both from their own Club or School and the opposition.
- (q) Respect decisions made by the match officials, even if they appear to make a mistake, and encourage the players to do likewise.

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The Good Spectators Code:

Truro R.F.C. encourage Spectators to:

- (a) Act as positive role models to all players.
- (b) Be familiar with, and abide by, the RFU Child Protection Guidance in relation to verbal and emotional abuse.
- (c) Respect guidance from the Club or School with regard to spectator behaviour.
- (d) Remember children play sport primarily for their own enjoyment, not for that of the spectators.
- (e) Acknowledge good individual and team performance from all players irrespective of the team in which they play.
- (f) Respect match officials' decisions, even if they appear to make a mistake – remember, they are volunteers providing an opportunity for players to play rugby.
- (g) Never verbally abuse players, coaches, match officials or fellow spectators: such behaviour can create a negative environment for players and their behaviour will often reflect this.
- (h) Acknowledge effort and good performance rather than 'to win at all costs'.
- (i) Verbally encourage all players in a positive manner, shouting 'for', not 'at', the players.
- (j) Encourage all players irrespective of their ability - never ridicule any individual player, regardless of the team in which they play.

Playing Out of Age Grade

The decision to allow a young person to play out of age grade lies with the person in the best position to assess all the relevant circumstances.

For guidance in making a decision the following aspects should be considered:

- (a) The physical development of the individual and his playing colleagues
- (b) The skill level and experience of the individual
- (c) The individual's playing position in the team
- (d) The competitive standard of the particular match and playing conditions

The ultimate consideration must be for the welfare and safety of the player and those with whom he will be playing.

Permission to play out of age grade must be obtained, in writing, from the young person's parent or guardian.

There must be clear communication with all those involved in and affected by the decision.

Clear and complete records should be kept of decisions taken and the bases for them.

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Contact Details

The Mini Junior section of the Truro Rugby Football Club consists of ten age groups of children from age seven up to age sixteen. An elected committee of officers is responsible for the organisation and administration of all training and matches played. In addition there are a number of people involved with the training and match fixtures. Below is a list of some of the key personnel involved

Chairman	Dave Hodge	01872 241672	dh@focusededucational.com
Treasurer	Nicky Pooley	01872 862069	nicky.pooley@cornwalldevelopmentcompany.co.uk
Secretary	Stuart Gaslonde	07792 431007	trfc.mjsecretary@btinternet.com
Membership	Elena Leverton	01872 242487	elena523@aol.com
Safeguarding Officer	Rob Harris	01872 863176	robandsueharris@perranwell.fsbusiness.co.uk
Fixtures Secretary	John & Sharon Allan	01872 225236	trurofixtures@hotmail.com
Club House	Bert Northey	01872 274750	
Catering	Sam Bishop	01872 264520	

Team	Coach (c) Manager (m)	Telephone/Mobile	E-mail
Under 7/8	David Hurst (m) Mark Richards (c u8) David Moses (c u8) Andrew Chilcott (c u7) Phil Bostock (c u7)	07770 883185	david.hurst@beautifulcornwall.com wrrichardsrowan@btconnect.com moses-d@sky.com ac@lillicrapchilcott.com philipebostock@tiscali.co.uk
Under 9	Tim Brocklebank (m) Robin Kincaid (c) Jonathan Lamb (c) Jim Richardson (c)	07980 295510 07968 279112 07773 084806 07921 812484	tim@rosevine.co.uk robinjkincaid@hotmail.com j.lamb@golfinstructor.co.uk jim_richardson@europe.pall.com
Under 10	Simon & Carolyn Peters (m) John Harding (c) Steve Bowyer (c) Keith Brooksbank (c)	01872 540629 01872 863901 07891 765726 07779 127607	07891 920469 simonpeters@btconnect.com harding.jjaa@virgin.net steveandfrancesbowyer@btinternet.com linda@lindabrooksbank.wanadoo.co.uk
Under 11	Elena Leverton (m) Graham Seymour (c) Nigel Tipple (c) Garth Weaver (c)	01872 240717 07721 410252 01872 560808 01872 242487	07980 825747 07792 907302 07875267689 elena523@aol.com grahamseymour@live.co.uk nigeltipple@btinternet.com garthweaver@tiscali.co.uk
Under 12	Jane Michell (m) Rob Durant (c) Andy Matthews (c) Paul Stevenson (c) Steve Paull (c)	01872 560677 07814 011696 01872 241263 07921 436154 01209 822274	jane.michell@tiscali.co.uk robdurant@fsmail.net 2848matthews@tiscali.co.uk beps.33@virgin.net stephen@stephenpaull.orangehome.co.uk
Under 13	Stuart Gaslonde (m) Drew Milne (c)	07792431007 07811 261501	trfc.mjsecretary@btinternet.com drew_milne@talk21.com
Under 14	Rob Harris (m) Simon Caklais (c) David Hodge (c) Graham Hooper (c)	01872 863176 01872 274820 01872 241672 01637 830354	07766 903418 07837 175975 robandsueharris@perranwell.fsbusiness.co.uk simon@caklais.fsnet.co.uk dh@focusededucational.com hioopy@btinternet.com
Under 15	Dave Armstrong (m) Dave Townrow (c) Elliot Heard (c) Bruce Pilcher (c) Dave Dodds (c)	01872 530609 01872 864333 01872 865194 01872 276379	07721 342314 the.armstrongs615@tiscali.co.uk d.townrow@btinternet.com hardygurdy7@hotmail.co.uk jandbpilcher@care4free.net
Under 16	Bernard Pooley (m) Mark Teasdale (c) Bruce Mercer (c) Mike Seagrove (c)	01872 862069 01872 864292	07771 802869 07920 848462 bernard.pooley@kellsallsteele.co.uk teasyintruro@aol.com wbmercerhoneycombe@hotmail.co.uk seagrove609@sky.com