

TRURO RFC YOUTH SECTION 2009/10

Managers / Coaches Information Pack

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Introduction

Dear Manager/Coach, welcome to the Truro Rugby Football Club Mini/Junior section.

The following information has been compiled to clarify the procedures for new and existing managers, coaches and parents/guardians of players. The blank forms contained in this pack can be printed and distributed as required. All new members should receive a copy of the '**New Members Welcome Letter**' and the '**MJ Section Contact Details**' page at the end of this document.

By the beginning of the season, forms, letters and a fixture list should also be available to download from the TRFC MJ section website: www.trurorfcmj.co.uk

Please let me know if you think this handbook can be added to or improved in any way.

I wish you all a very successful season.

Dave Hodge – TRFC MJ Section Chairman

TRFC Club Handbook

This season copies of the club handbook will be given to all members.

C.R.F.U. Mini Junior Section Yellow Handbook

Team managers will be supplied with a copy of the handbook at the beginning of the season.

Membership Fees

The subscription for the 2009/10 season is £46 - payable at the start of the season to '**Truro Rugby Club Mini Junior Section**'. Subscriptions should be passed to Nicky Pooley our Treasurer. No deductions are permissible by managers without the authority of the Treasurer.

RFU Player Registration

New members must fill in an RFU Membership form - This can be downloaded from:

www.community-rugby.com (select: schools and youth / youth registration). Completed forms and one passport size photograph should be given to Elena Leverton our Membership Secretary. Elena will then register the player and produce a registration card.

New members should also fill in a TRFC membership renewal form.

Managers will keep a set of registration cards of all their players. The card must include the player's RFU registration number. These cards are inspected at every festival, cup game or tournament. Players will be barred from playing if they do not have a valid registration card.

Registration cards need to be updated with a new photo every 3 years.

Pitch/Equipment Safety

It is important that that our children play rugby in a safe environment. Therefore it is essential that all facilities be checked prior to any practice or match. Key areas to check are the pitch and equipment used. Pitch inspections should be carried out prior to any play taking place. Dogs/animal mess should be removed along with any other foreign objects such as bottles, cans, etc. Post pads should always be fitted, the person who fits them is also responsible for returning them. If a team is playing on the pitch after you have finished, ensure that someone from the team is nominated to remove and return the pads

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to the store. All equipment used should be checked to see if it is in good order and not likely to pose a risk to anyone using it. To help with this process a blank risk assessment form is included in this pack.

Cornwall RFU Youth Committee Safety of Players Directive (full details posted in club house):

Junior Matches:

- All spectators must be behind the barriers or ropes.
- Only the touch judge, the coach and First Aider from each side are to be within the playing enclosure.
- Where there are no barriers or ropes, spectators must be at least 3 metres from the touch line.

Mini / Midi Matches:

- All spectators must stand behind the dead-ball line of the main pitch
- Only the touch judge, one coach and First Aider from each side should be close to the pitch.
- Spectators must, in no circumstances, watch from the area between two adjacent pitches.

Club officials have a duty to ensure the above is carried out. The referee should be asked not to start or continue a match until these conditions are adhered to.

Safety stakes and rope will be made available for fencing off playing areas on match days.

Players Personal Safety

As a club we strongly advise that every player wears a gum shield. This not only protects the teeth but spreads any impact received to the jaw. Scrum hats, body armour, gloves etc, can all be worn at the player's discretion provided that they carry an IRB mark.

All coaches provide drinking bottles full of clean water at every match and training session but acting on the advice of the RFU we recommend that all players bring their own drinking bottles for personal use. Players, coaches or referees should not wear jewellery on the pitch.

Accidents/Incidents

Please complete an 'Accident Report Form' should there be an accident that requires medical treatment (i.e. use of the first aid kit or hospitalisation). The form is self-explanatory and requires the minimum of information. Please be as comprehensive as possible with your answers.

In the event of an accident:-

- Stay calm but act swiftly and observe the situation. Is there danger of further injuries?
- Listen to what the injured person is saying.
- Alert the First Aider who should take appropriate action for minor injuries.
- In the event of an injury requiring specialist treatment, call the emergency services.
- Deal with the rest of the group and ensure that they are adequately supervised.
- Do not move someone with major injuries. Wait for the emergency medics.
- Contact the injured person's parent/guardian.

First Aid Kits

Each team has been issued with a first aid kit, as well as containing various items essential for first aid it will also contain a list that should be checked on receipt of the kit. It is the responsibility of the coach or manager to take the kit to each game either home or away. It is also the responsibility of each coach/manager to ensure that used items are replenished with new directly after use.

Fixtures

Our Fixture Secretaries John and Sharon Allan will distribute a fixture list prior to the start of the season. This will also be printed in the TRFC handbook. Inevitably the fixtures will vary throughout the year due to cancellations, the weather, etc. The list revision is indicated by the date shown in the lower left hand corner of the form. To confirm that a fixture is still being played, contact John Allan, Sharon Allan or Dave Hodge.

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Playing Kit / Shirt Washing

Match shirts are provided by the club. U7-U12 age groups are responsible for washing their own shirts. U13-U16 age group shirts are dropped off in the kit room (code C5678Y) after each match and are sent for cleaning. Club socks are available from Tony Pryce Sports or Key Wear.

Fixture Results and Press Reports

We would also encourage the coach, manager or a nominated person forwarding results to the local press complete with a few words on the match itself. i.e. The West Briton - Tel. 01872-265098, e-mail wbsport@c-dm.co.uk, The Packet – Tel. 01326-213340, or 01326-318749, e-mail editorial@packetseries.co.uk

Festivals and Cup Competitions

Managers/Coaches should register an interest to take part in a festival or cup competition at the start of the season with the fixture secretary. It is the responsibility of individual managers/coaches to ensure that teams are entered.

Check that you have up-to-date registration cards for all players.

Coaching / Refereeing Courses

At least one coach in every age group must have an RFU Level 1 qualification or above. A list of course dates is posted on www.community-rugby.com The MJ Section will reimburse the cost of a course once it has been successfully completed. Please speak to Dave Hodge or Nicky Pooley before booking.

Touring

Teams planning a tour must seek permission from the CRFU MJ Section by submitting a request two months in advance via Sheila Brown the CRFU MJ Committee Secretary. The relevant form is printed in the CRFU MJ Handbook.

An RFU Tour Guidelines booklet can be downloaded from www.community-rugby.com

Rugby Continuum – U7-U12

The Rugby Continuum includes playing rules for Mini-Midi Rugby at each age grade. See www.community-rugby.com for up-to-date-rules.

Age Ranges

Stage 1 Mini Tag – U7&U8

Stage 2 Mini Rugby – U9&U10

Stage 3 Midi Rugby – U11&U12

Junior - U13 – U16

Playing Down an Age Group

Within each stage: In order to play a game, a **maximum of 2** older players can play down one Age Grade to make up a squad.

Across Stages: **No** older player can play down a Stage.

Playing Up an Age Group

No younger player can play up within the Continuum under any circumstances.

If there are insufficient U12's to make up an U12 squad they may play at U13's, but only with parental consent.

Structured Season

Competitive matches are only permitted between September and the beginning of May. Outside of these dates players are NOT covered by the RFU insurance and should not play in matches. The exception to this rule can be overseas tours. See the RFU website www.community-rugby.com for details.

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Disciplinary and Complaints Procedure

Disciplinary matters and complaints will be dealt with by the MJ Committee in accordance with CRFU MJ Section guidelines. See yellow handbook for details.

Complaints against another club or official of that club, in accordance with CRFU MJ Section guidelines, must be made through the TRFC MJ Chairman who will decide the appropriate course of action.

Catering

Sam Bishop, our club caterer, is keen to develop and improve catering facilities at the club.

Tel: 01872 264520

Hiring the Club

Contact the club steward Bert Northey to book the club for functions, meetings etc.

Tel: 01872 274750

CHILD PROTECTION POLICY

A note from our Safeguarding officer,

'Every adult involved in any aspect of the running of Truro Rugby Club Mini/Junior Section is required to complete a Disclosure Application Form, which is processed by the Criminal Records Bureau and is part of the RFU's Child Protection Policy. The completed form will be checked by myself, as the Club's Child Protection Representative and sent to the CRB through the Cornwall RFU. Once processed, you will receive your Disclosure at your home address.

Before I can send the completed form off, in order to verify your identity, I must ask to see your passport or photo-driving licence, together with two proofs of current address, such as recent utility bill, credit card statement, bank statement, insurance statement etc. If you have no passport or driving licence, your birth certificate, marriage certificate, P45 or P60, or a Professional Registration Certificate will be required.

You need to complete a Disclosure Application Form for TRFC even if you have completed one with another rugby club or organisation.

If you have moved or changed address within the last five years you may need an additional continuation sheet if there is more than one previous address. You do not have to disclose financial details if you do not want to.

CRB forms should be updated every 3 years.

Many thanks – Rob Harris 01872 863176

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Family / Mini Junior Membership Form

Please consider taking out a Family Membership this season as the club really needs your financial help to survive. Family Membership includes FREE entry to all Senior Home Matches and the option to apply for Autumn International Tickets at Twickenham. (More info: www.trurorfcyj.co.uk/subscriptions.html)

PLAYER SURNAME:

PLAYER FORENAME:

DOB:

PARENT NAME(S):

ADDRESS:

TELEPHONE:

MOBILE:

E-MAIL:

IS THE PLAYER REGISTERED WITH THE RFU AS A TRFC MEMBER YES/NO
(If the answer is no, please complete an RFU Youth Registration form – without this registration the player will not be eligible to play any cup matches and may not be covered by the RFU's insurance policy). See the 'Members Info' page at www.trurorfcyj.co.uk for more details and to download a form.

DOES THE PLAYER HAVE ANY MEDICAL CONDITIONS YES/NO
If yes please give details below

Family Membership:

1 Adult + 1 Child = £70

2 Adults + 1 Child = £85

(Additional children add £45 per child) Please fill out a separate membership form for each child.

Mini Junior Rate without Family Membership = £46 This payment includes £1 for a TRFC car sticker.

(Make cheques payable to **Truro Rugby Club Mini Junior Section**).

I confirm that I have no objection to photography of my child/children during activities associated with the TRFC by either an official photographer or a third party. I am happy for Truro Rugby Club to occasionally email me with news about club activities.

Signature: _____ Date: _____

Receipt

Received from _____ the sum of £ _____ paid by _____

Signature: _____ Date: _____

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Risk assessment form for Truro RFC MJ matches and practice sessions

Venue:

Name and position of person doing check:

Date of check:

Playing/training area

Check that the area and surroundings are safe and free from obstacles.

Is the area fit and appropriate for activity? Yes No

(If no, please outline the hazard, who may be at risk and action taken, if any.)

Equipment

Check that it is fit and sound for activity and suitable for age group/ability.

Is the equipment safe and appropriate for activity? Yes No

(If no, please outline unsafe equipment, who may be at risk and action taken, if any.)

Performers

Check that the attendance register is up to date with medical information and contact details. Check that performers are appropriately attired for the activity.

Is/are the register(s) in order? Yes No

(If no, please outline current state and action taken, if any.)

Are performers appropriately attired and safe for activity? Yes No

(If no, please outline unsafe equipment/attire and action taken, if any.)

Emergency points

Check that emergency vehicles can access facilities, and that a working telephone is available with access to emergency numbers.

Are emergency access points checked and operational? Yes No

(If no, please outline the issues and action taken, if any.)

Is a working telephone available? Yes No

(If no, please outline the issues and action taken, if any.)

Safety Information

Check that evacuation procedures are published and posted somewhere for all to see. Ensure that volunteers and staff have access to information relating to health and safety.

Are emergency procedures published and accessible to those with responsibility for sessions in the club? Yes No

(If no, please outline what information is missing and action taken, if any.)

Does the club need to take any further action? (If yes, please specify.)

Signed

Name:

Date:

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Incident/Accident Report Form

1. Site where incident/accident took place:
2. Name of person in charge of session/competition:
3. Name of injured person:
4. Address of injured person:
.....
5. Date and time of incident/accident:
6. Nature of incident/accident:
.....
.....
7. Give details of how and precisely where the incident/accident took place. Describe what activity was taking place, eg training game, getting changed, etc.
.....
.....
8. Give full details of the action taken including any first aid treatment and the name(s) of the first aider(s):
.....
.....
9. Were any of the following contacted:
Police: Yes No Ambulance: Yes No
Parent/guardian: Yes No
10. What happened to the injured person following the incident/accident? (eg went home, went to hospital, carried on with session)
.....
.....
11. All of the above facts are a true and accurate record of the incident/accident.

SIGNED: DATE:

Name:

Note: On completion of this form please forward copies to;

The Secretary – T.R.F.C. St Clements Hill, Truro

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New Members Welcome Letter

Welcome to Truro Rugby Football Club Mini/Junior section. We hope you son or daughter will enjoy playing rugby at Truro RFC. This letter should provide you all the information you need to know about how the club is run on a Sunday morning. If you have any questions please speak to your age group's manager or contact me on 01872 241672.

Dave Hodge
Chairman TRFC MJ Section

Training

Training takes place on Sunday mornings either at TRFC or Penair School.

Mini/midis (U 7's – U 12's) 9.30 am – 10.30 am (check with the team manager)

Juniors (U13's – U 16's) 10.30 am – 12.00 pm (check with the team manager)

Matches

- **Home** - A fixture list is available from your team manager or can be downloaded from the Youth Section website www.trurorfcMJ.co.uk . Matches will normally 'kick off' at 11.00 am. For home matches players usually get to the club by at least 10.30am, but your coach will advise prior to the date.
- **Away** – your coach or manager will issue you with a map or advise directions to the away team's ground and will give you a time to assemble there. Sometimes, if parents are unsure as to the exact location, it is wise to meet at the club and travel to the ground in together.
- **Cancellation procedure** - The fixtures secretary will confirm, midweek, that the scheduled match is to be played. If for any reason this is not the case, managers/coaches will be notified.
- **Bad weather** – Rugby is a winter sport and it is not usual to cancel matches or training because of adverse weather conditions, unless extreme. Water logged or frozen pitches, however can present a safety hazard. Your coach will be notified in this event and unfortunately this sometimes happens at very short notice.
- **Travel To Away Fixtures** - most matches are within easy driving distance, as our group has strengthened it has become necessary to organise matches 'across the bridge'. It is the responsibility of parents to organise transport for their children both to and from the match.

Player Registration

All players must be registered with the RFU, who will then issue an ID card. No player will be allowed to take part in any club activities without these cards so please return your registration form, with one passport size photo, promptly.

Registration is only required once unless you move clubs or change address.

Insurance

As members of the RFU all players are covered by the RFU insurance policy, it is therefore essential for players to register as soon as possible at the start of the season. For full details of insurance cover please contact the main club chairman.

Child Protection

The club follows the RFU child welfare guidelines and all volunteers who help with training and or matches will need to successfully complete a 'Criminal Records Bureau' disclosure form (obtainable from Jo Durant).

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MJ Section Player Membership

All players taking part in Club activities must be fully paid up members. Annual membership for juniors is currently £46.00/child – see attached membership form. A section has been added this year to the form to ensure that parents provide consent for the child to be photographed.

Family Membership

This category of membership provided the following benefits:

FREE entry to TRFC Senior Team home matches and the option to apply for England Autumn International Tickets at Twickenham .

1 adult + 1 child = £70 2 adults + 1 child = £85 additional children = £45 each

Volunteers

The club relies entirely on volunteers to operate successfully. We are always looking for parents who would like to become more actively involved, whether by helping with coaching, managing or helping with social events. If you would like to help in any way please make yourself known to the mini/junior co-ordinator who will be glad to get you involved at the earliest possible opportunity.

Sponsorship

The club's main source of income is through sponsorship by individuals and companies. Please contact Dave Hodge (01872 241672) or Nigel Whitford (01872 279735) if you would like to find out more.

Playing Kit

Club shirts will be provided for all players on match days. Club socks (royal blue with yellow top) can be purchased from Tony Pryce Sports (Truro Piazza) and Key Wear (Frances Street, Truro). See you Team Manager for up-to-date information on training tops and other items of kit.

Health & Safety

It is everyone's responsibility who is involved with the game to ensure that the children play in a safe environment, that is both on and off the pitch. If you see something that you feel is unsafe then do something about it. Do not depend on someone else doing it!

Before any play or training takes place a pitch inspection should be carried out to ensure that there is no dog, fox mess on the playing surface, you can get the children to help search. If found it should be removed and disposed of safely. The playing surface should also be checked for other dangerous objects such as broken glass. Other clubs use the TRFC facilities and it is possible that they may have left something behind.

When we use the Penair school pitches, it is important to escort youngsters across the road. Rather than having them crossing in 'dribs and drabs' a manageable group should be taken across by an adult. If necessary an adult should remain at the road crossing until all youngsters have crossed (both home and away sides).

No training or play should commence until the post protectors have been affixed to the goal posts. Use the youngsters to transport the pads from the changing rooms. Whoever takes the pads out is responsible for their return unless a group is training after you have finished. In this situation you must speak to the other coach/manager and confirm that they will return them.

Please ensure that you drive slowly in the car park areas and bear in mind that children as young as six and younger are wandering around, sometimes unescorted.

Catering

Sam Bishop is in charge of catering. Contact her (01872 264520) for information about hiring of catering facilities for functions etc.

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Meal Tickets

After home matches it is normal to provide a light lunch for all players from both sides. The coach or manager will issue a meal ticket at the end of the match to players from both teams. Normally these tickets should be retrieved from the kitchen at the end of lunch.

Social Club Membership

Please support the social aspect of the club by becoming members. We have excellent facilities (that are available for private functions) in which the club put on regular events. Check notice board for latest offerings. Please do not feel that the clubhouse is exclusively for the main club's use. All are welcome.

Festivals

Festivals are held annually for the Under 9's, Under 10's, Under 11's and Under 12's. The events are hosted by a different club each year for each age group and involve a number of clubs participating in short matches against other teams in pooled groups. This is followed by the winners of each pool competing in a knockout style tournament with the overall winner being awarded the County Champions trophy.

Junior Teams Cup Matches

U13 – U16 teams enter a county knock-out competition which usually takes place after Christmas.

Behaviour

As you are representing Truro Rugby Club, players and supporters will be expected to behave in a suitable manner at all times.

The Good Parents Guide

Truro R.F.C. encourages Parents to:

- (a) Be familiar with the coaching and training programme in order that they can ensure their child is fully involved and the coaches are aware of their availability.
- (b) Be familiar with the teaching and coaching methods used by observing the coaching and training sessions in which their child participates.
- (c) Be aware that the Club has a duty of care to ensure the safety of players and therefore, where appropriate, assist coaches with the supervision of the players, particularly where numbers are large and there is a need to transport players to away games.
- (d) Be involved with Club activities and share their expertise.
- (e) Share concerns, if they have them, with Club or School officials.
- (f) Be familiar with the Good Coaches' Code contained in the Rugby Continuum (see rfu.com website for further information). In particular be aware that:
 - coaches should recognise the importance of fun and enjoyment when coaching players; and
 - coaches should keep winning and losing in perspective, encouraging players to behave with dignity in all circumstances.
- (g) Support coaches in instilling these virtues.
- (h) Remember that young people play rugby for their own enjoyment not that of their parents.
- (i) Encourage young people to play - do not force them.
- (j) Focus on the players' efforts, rather than winning or losing.
- (k) Be realistic about the players' abilities; do not push them towards a level that they are not capable of achieving.
- (l) Provide positive verbal feedback both in training and during the game.
- (m) Remember that persistent, negative messages will adversely affect the players' and referee's performance and attitude.
- (n) Always support the Club in their efforts to eradicate loud, coarse and abusive behaviour from the game.
- (o) Remember young people learn much by example.
- (p) Always show appreciation of good play by all players both from their own Club or School and the opposition.
- (q) Respect decisions made by the match officials, even if they appear to make a mistake, and encourage the players to do likewise.

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The Good Spectators Code:

Truro R.F.C. encourage Spectators to:

- (a) Act as positive role models to all players.
- (b) Be familiar with, and abide by, the RFU Child Protection Guidance in relation to verbal and emotional abuse.
- (c) Respect guidance from the Club or School with regard to spectator behaviour.
- (d) Remember children play sport primarily for their own enjoyment, not for that of the spectators.
- (e) Acknowledge good individual and team performance from all players irrespective of the team in which they play.
- (f) Respect match officials' decisions, even if they appear to make a mistake – remember, they are volunteers providing an opportunity for players to play rugby.
- (g) Never verbally abuse players, coaches, match officials or fellow spectators: such behaviour can create a negative environment for players and their behaviour will often reflect this.
- (h) Acknowledge effort and good performance rather than 'to win at all costs'.
- (i) Verbally encourage all players in a positive manner, shouting 'for', not 'at', the players.
- (j) Encourage all players irrespective of their ability - never ridicule any individual player, regardless of the team in which they play.

Playing Out of Age Grade

The decision to allow a young person to play out of age grade lies with the person in the best position to assess all the relevant circumstances.

For guidance in making a decision the following aspects should be considered:

- (a) The physical development of the individual and his playing colleagues
- (b) The skill level and experience of the individual
- (c) The individual's playing position in the team
- (d) The competitive standard of the particular match and playing conditions

The ultimate consideration must be for the welfare and safety of the player and those with whom he will be playing.

Permission to play out of age grade must be obtained, in writing, from the young person's parent or guardian.

There must be clear communication with all those involved in and affected by the decision.

Clear and complete records should be kept of decisions taken and the bases for them.

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Contact Details

The Mini Junior section of the Truro Rugby Football Club consists of ten age groups of children from age seven up to age sixteen. An elected committee of officers is responsible for the organisation and administration of all training and matches played. In addition there are a number of people involved with the training and match fixtures. Below is a list of some of the key personnel involved

Chairman	Dave Hodge	01872 241672	dh@focusededucational.com
Treasurer	Nicky Pooley	01872 862069	nicky.pooley@cornwalldevelopmentcompany.co.uk
Secretary	Stuart Gaslonde	07792 431007	trfc.mjsecretary@btinternet.com
Membership	Elena Leverton	01872 242487	elena523@aol.com
Safeguarding Officer	Rob Harris	01872 863176	robandsueharris@perranwell.fsbusiness.co.uk
Fixtures Secretary	John & Sharon Allan	01872 225236	trurofixtures@hotmail.com
Club House	Bert Northey	01872 274750	
Catering	Sam Bishop	01872 264520	

Team	Coach (c) Manager (m)	Telephone/Mobile	E-mail
Under 7/8	David Hurst (m) Mark Richards (c u8) David Moses (c u8) Andrew Chilcott (c u7) Phil Bostock (c u7)	07770 883185	david.hurst@beautifulcornwall.com wrrichardsrowan@btconnect.com moses-d@sky.com ac@lillicrapchilcott.com philipebostock@tiscali.co.uk
Under 9	Tim Brocklebank (m) Robin Kincaid (c) Jonathan Lamb (c) Jim Richardson (c)	07980 295510 07968 279112 07773 084806 07921 812484	tim@rosevine.co.uk robinjkincaid@hotmail.com j.lamb@golfinstructor.co.uk jim_richardson@europe.pall.com
Under 10	Simon & Carolyn Peters (m) John Harding (c) Steve Bowyer (c) Keith Brooksbank (c)	01872 540629 01872 863901 07891 765726 07779 127607	07891 920469 simonpeters@btconnect.com harding.jjaa@virgin.net steveandfrancesbowyer@btinternet.com linda@lindabrooksbank.wanadoo.co.uk
Under 11	Elena Leverton (m) Graham Seymour (c) Nigel Tipple (c) Garth Weaver (c)	01872 240717 07721 410252 01872 560808 01872 242487	07980 825747 07792 907302 07875267689 elena523@aol.com grahamseymour@live.co.uk nigeltipple@btinternet.com garthweaver@tiscali.co.uk
Under 12	Jane Michell (m) Rob Durant (c) Andy Matthews (c) Paul Stevenson (c) Steve Paull (c)	01872 560677 07814 011696 01872 241263 07921 436154 01209 822274	jane.michell@tiscali.co.uk robdurant@fsmail.net 2848matthews@tiscali.co.uk beps.33@virgin.net stephen@stephenpaull.orangehome.co.uk
Under 13	Stuart Gaslonde (m) Drew Milne (c)	07792431007 07811 261501	trfc.mjsecretary@btinternet.com drew_milne@talk21.com
Under 14	Rob Harris (m) Simon Caklais (c) David Hodge (c) Graham Hooper (c)	01872 863176 01872 274820 01872 241672 01637 830354	07766 903418 07837 175975 robandsueharris@perranwell.fsbusiness.co.uk simon@caklais.fsnet.co.uk dh@focusededucational.com hioopy@btinternet.com
Under 15	Dave Armstrong (m) Dave Townrow (c) Elliot Heard (c) Bruce Pilcher (c) Dave Dodds (c)	01872 530609 01872 864333 01872 865194 01872 276379	07721 342314 the.armstrongs615@tiscali.co.uk d.townrow@btinternet.com hardygurdy7@hotmail.co.uk jandbpilcher@care4free.net
Under 16	Bernard Pooley (m) Mark Teasdale (c) Bruce Mercer (c) Mike Seagrove (c)	01872 862069 01872 864292	07771 802869 07920 848462 bernard.pooley@kellsallsteele.co.uk teasyintruro@aol.com wbmercerhoneycombe@hotmail.co.uk seagrove609@sky.com